

WICKED PROBLEM: LIMITED ACCESS TO HEALTHY FOODS

<p>Results <i>What quality of life conditions do we want for our community?</i></p>	<p>Indicators <i>What data exists that could help us measure these conditions?</i></p>	<p>Story <i>How do you explain the story between the result you want and the indicators you have chosen? What are the root causes?</i></p>	<p>Partners <i>Who are the partners with a role to play?</i></p>	<p>What Works <i>What works? What would it take to do better?</i></p>	<p>Action Plan <i>What do we propose to actually do, and how are we going to measure our performance?</i></p>
<p>Without health, there are no healthy people.</p> <p>Food insecurity contributes to developmental/mental health issues.</p> <p>Food Security issues can result in legal issues, financial issues, poor physical health, shame,</p>	<ul style="list-style-type: none"> • % of people with food insecurity • Infant mortality rate • Poverty rate • Access to transportation (terrain; rural vs urban; food deserts) • Access to primary care providers • Food hardship index <p>Does grocery store include Dollar General Stores?</p>	<p>(ran out of time)</p>	<ul style="list-style-type: none"> • Uncomplicated Kitchens https://www.uncomplicatedkitchen.org/ • HOP https://www.ncdhhs.gov/about/department-initiatives/healthy-opportunities/healthy-opportunities-pilots • Manna https://www.mannafoodbank.org/food-distribution-program/ • Community Health Workers • Churches/Faith Community 	<ul style="list-style-type: none"> • Left Over Food • Nutrition education around growing, preparing, and recognizing healthy foods • Expanded transit opportunities • Building safe communities/trust • Manna program • Healthy Opportunities Pilot (HOP) • Client choices • CSAs • Commercial kitchens • MOW – volunteer network to deliver meals • Culturally appropriate classes 	<p>Now</p> <p>Next 12 Months</p> <p>2-5 Years</p>