

WICKED PROBLEM: BEHAVIORAL/MENTAL HEALTH

<p>Results</p> <p><i>What quality of life conditions do we want for our community?</i></p>	<p>Indicators</p> <p><i>What data exists that could help us measure these conditions?</i></p>	<p>Story</p> <p><i>How do you explain the story between the result you want and the indicators you have chosen? What are the root causes?</i></p>	<p>Partners</p> <p><i>Who are the partners with a role to play?</i></p>	<p>What Works</p> <p><i>What works? What would it take to do better?</i></p>	<p>Action Plan</p> <p><i>What do we propose to actually do, and how are we going to measure our performance?</i></p>
<p>All people in Western North Carolina experience positive mental health.</p> <p>We want people to be happy and healthy. We want people to be fulfilled. We want people to have a sense of achievement.</p> <p>We need to normalize mental health care. We want people to have energy, happiness, and want them to celebrate little things.</p>	<ul style="list-style-type: none"> • Suicide Rate • Educational Outcomes (which ones) • Social Connections (how would you measure) • NC DETECT data on ED utilization 	<p>Too many people are experiencing mental health problems.</p> <p>Mental health problems impair everyday functions in life.</p> <p>Represents a broad range of problems including anxiety, loneliness, depression, addictions, negative feelings.</p> <p>Behavioral/mental health problems are associated with a great deal of blame and stigma.</p> <p>Lack of knowledge and lack of resources – people!</p> <p>Cultural/political unrest and “Things” hinder our ability to function.</p>	<ul style="list-style-type: none"> • Mental health providers • Commissioners • Schools • Physicians • Trusted messenger within community • Non-profit organizations • Faith community • Families • Law enforcement • Judicial system • Navigators (health care) 	<ul style="list-style-type: none"> • Person-centered, holistic care (human before disease) • Face-to-face interactions • Programs that provide the tools, knowledge, and words to describe mental health experiences, struggles, challenges • Acute crisis intervention • Gatherings by “players at the table” • Mental health training for EMS/first responders • Policy changes (which ones) 	<p style="text-align: center;">Now</p> <p>Strategy: Provide greater access to care through policy changes (Expand Medicaid for starters)</p> <p>Normalize experiences and start by meeting with stakeholders and key players and create buy-in</p> <p style="text-align: center;">Next 12 Months</p> <p style="text-align: center;">2-5 Years</p>